

## Spiritual Gift Assessment

Name \_\_\_\_\_

For each statement below ✓ only one that you agree with most as shown in the example below.  
There is no right or wrong; the responses reflect personal preferences and are expected to vary from person to person to reveal God's gifts to each of us.

### Example

I feel God's presence most strongly when I am alone in prayer	1	
I feel God's presence most strongly when I pray with others		
I feel God's presence most strongly in worship		✓
I feel God's presence most strongly when I engage in acts of kindness and Christian service		

I feel God's presence most strongly when I am alone in prayer	1	
I feel God's presence most strongly when I pray with others		
I feel God's presence most strongly in worship		
I feel God's presence most strongly when I engage in acts of kindness and Christian service		

The study and interpretation of scripture is the most important spiritual discipline	2	
Prayer is the most important spiritual discipline		
Acts of service and mission are the most important spiritual discipline		
The worship of God is the most important spiritual discipline		

I experience my faith primarily as an intellectual activity; I strive to know God and think through issues of faith	3	
I experience my faith primarily as an emotional activity; I strive to feel God's presence in my heart		
I experience my faith primarily as an intuitive activity; I have a deep conviction of God's reality		

Faith formation happens most effectively individually	4	
Faith formation happens most effectively one-to-one		
Faith formation happens most effectively in small groups		
Faith formation happens most effectively in congregations		

The primary work of the church is within and for the congregation	5	
The primary work of the church is in and for the world		

Teaching is the most effective means of communicating the good news of Jesus Christ	6	
Preaching is the most effective means of communicating the good news of Jesus Christ		
Acts of healing and mercy are the most effective means of communicating the good news		
Personal evangelism is the most effective means of communicating the good news		

The primary mission of the church is to convert people to Christianity	7	
The primary mission of the church is to equip people to live faithful Christian lives		
The primary mission of the church is to serve all of God's people regardless of faith or creed		

When faced with human need, I am motivated to provide practical, material assistance	8	
When faced with human need, I am motivated to provide emotional support		
When faced with human need, I am motivated to pray and offer spiritual comfort		

## Spiritual Gift Assessment

Name \_\_\_\_\_

Please answer each question on this sheet

	9	Yes	No
I communicate well with people of other races, cultures, and generations			
	10	Yes	No
I am as comfortable with people of other nations, races, and religions as my own			
	11	Yes	No
Learning foreign languages has always been easy for me			
	12	Yes	No
I am able to understand and interpret languages, customs, and cultures I have never studied			
	13	Yes	No
People tell me that I am an effective communicator			
	14	Yes	No
People tell me that I am an effective counselor and listener			
	15	Yes	No
People tell me that they are deeply impressed by my faith			
	16	Yes	No
People tell me that I have a healing touch and presence			
	17	Yes	No
People tell me that I have strong leadership qualities			
	18	Yes	No
People tell me that I am highly organized and efficient			
	19	Yes	No
People tell me that I have an energizing and encouraging spirit			
	20	Yes	No
My money management skills are of value to groups and organizations I support			
	21	Yes	No
I am able to help others discover God's will for their lives, no matter how different they may be			

type **UMC.ORG** in browser, select **What we believe, Spiritual Living, Spiritual gifts** then take the **Gift Assessment**

enter the above responses on-line or print a copy and have someone fill out the on-line form to receive the assessment.

To confirm gifts, repeat the questionnaire at a later time and discuss with your spiritual advisor.

adapted for use from [www.umc.org](http://www.umc.org)

# Spiritual Gift Assessment

Name \_\_\_\_\_

**Primary/Secondary Gifts:** Your six highest scores have been identified as either primary or secondary gifts. Spiritual gifts are always used in combination, and all have value, but some gifts are stronger than others. Our strongest gifts are our primary gifts. These are the gifts that help define who we are and how God is equipping us for ministry. In support of these are a few secondary gifts – of lesser strength, but still very evident – that help strengthen and influence our primary gifts.

## Healing

The gift of healing is not about transferring spiritual power to eliminate suffering and disease, but the ability to channel God's grace and healing love to those who suffer physical, emotional, or spiritual pain. Healers are moved to be present with those who suffer. Healers pray for those who suffer, visit those who are ill, and are usually moved to extend a hand of comfort and touch to those who are afflicted. Healers give their time and energy to offering aid and comfort to others.

## Wisdom

The gift of wisdom allows people to understand deeper meaning and apply knowledge, beliefs, and experience to every day situations. Wise, gifted individuals make connections and help other make them as well – to understand the implications of our beliefs and actions. Those gifted with wisdom often understand root causes of disagreements, conflict, and barriers to growth and development. People with wisdom help others understand and clarify options to make good decisions.

## Shepherding

The gift of shepherding is the gift of mentoring and providing spiritual guidance to others to help them develop in the discipleship and faith formation. Shepherds take an active and individualized interest in the life of faith of others. Shepherds share from their own faith journey to make the way easier for others. Shepherds are good at asking provocative questions, recommending appropriate resources and experiences, and helping people find their own way to the next level of their development.

## Compassion

The gift of compassion moves people to action on behalf of those in need. Compassion is not a simple caring about others, but such a radical caring that we have no choice but to make sacrifices for others. Those with the gift of compassion rarely ask "Should I help," but instead focus on how to help. Compassion makes us fundamentally aware of the Christ in others and springs from our desire to care for all of God's creatures and creation.

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## **Apostleship**

The gift of apostleship compels people to reach out to new and unfamiliar groups and individuals to invite them into relationship with God and community. Apostles share the story of faith in other lands, cultures, and traditions, as well as welcoming the stranger in their own land. Apostles extend the hand of friendship to those of other generations, nations, and languages. Many apostles desire to be missionaries.

## **Teaching**

The gift of teaching allows people to transform data and information into life changing knowledge. Teachers do not have to stand in front of a class to teach. Often gifted teachers communicate best in informal, one-on-one settings. Teachers have the uncanny knack of helping people learn effortlessly. People internalize and retain the knowledge and learning they receive from gifted teachers. Good teachers transform more than they inform.

## **Exhortation**

The gift of exhortation is manifest in people who offer encouragement, wise counsel, unflagging support, and empowerment. Those who exhort stay focused on helping people maximize their own potential and live from their own gifts and skills. Exhorters help people feel good about themselves, build confidence, and not grow discouraged. Often, those with the gift of exhortation make others feel good just by being present.

## **Faith**

The gift of faith is more than belief in Jesus Christ, it's an abiding foundation of confidence that God works all things together for good, and that the people of God can rise above any obstacle. Faith is the bedrock upon which we build lives, congregations, and communities. People with the gift of faith hold fast to the deep conviction that no matter what we see with our eyes, we can trust the promises and plan of God.

## **Miracles**

The gift of miracles is not about performing miracles, but about living in the miraculous reality of God's creation. Those gifted with miracles never doubt the power and presence of God in creation, and are able to help others see and believe in God's power. The gift of miracles does not focus on the extraordinary, but sees the miraculous in the mundane and normal. Living in the spirit of the miraculous, people see God in nature, in relationships, in kind acts, and in the power of love.